Helen Rush, GSP

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# Profile

Engaged, organized health and safety professional with experience in development of companywide safety programs and technical training for clients in the Pennsylvania, New Jersey and New York region. Strong communication, problem-solving skills and leadership development.

# Experience

## Health and safety specialist | compliance management international | april 2019 - present

* Provides services to a broad range of clients including healthcare, manufacturing, heavy and light industry, pharmaceutical, food manufacturing, movie industry and transportation.
* Responsible for and manage multi-site protocols, procedures and training for manufacturing plant operations.
* Manage onsite safety inspections for clientele, create strategic plans for observation recovery, and ensuring adherence to safety program policies.
* Perform accident investigations for entire customer base in territory involving witness interviews, post-accident evaluations of accident site, and root cause analysis.

## Health and Safety intern | MI Windows and Doors | may 2018 – august 2018

* Assisted the Health and Safety team with advancing and maintain EHS programs, trainings, and driving a safety-first culture.
* Completed daily walkthrough and quarterly audits of safety, environmental and occupational conditions of two plants.
* Spearheaded the Voluntary Protection Program (VPP) activities, leading the Hegins facility to be recognized with VPP Star Status
* Implemented safety data sheet management systems at all five MI locations.

# Education

## bachelor of science in Occupational Safety and enviromental health | december 2018|millersville unvieristy, millersville, Pennslyvania

## associate in applied science in applied engineering and technology | may 2018 | millersville unvieristy, millersville, Pennslyvania

## Skills

* ISO 45001 programs
* Safety and health programs
* Documentation/Recordkeeping
* Accident Investigation
* Job hazard analysis
* OSHA regulatory compliance
* Training development
* OSHA cooperative programs - VPP

# Certifications

* 10- hour General Industry
* First Aid, CPR, AED Instructor
* Accident Investigation
* First Aid, CPR, AED Certified